

**February 2026**

**Registered Charity Number 1182457**

Dear All,

We have had our version of a cabinet reshuffle within the Committee this month. Jill Turbin has agreed to take over the role of Venues' Secretary from Marcia who has held this position for nearly 5 years and done a sterling job! Thank you both of you. I am also delighted that Tim Old has agreed to help to compile the Newsletter. It will be in great hands. David will continue with his proof-reading. Thanks to both of you.

I was also pleased to receive an email from a member saying how much the Newsletter means to her as she cannot get to many meetings. For the groups she attends she was pointing out what a friendly bunch of people you are!! This is what I have also found in the 14 years I have been a u3a member. The camaraderie and fun we share is just what we all need!!

Sue, Chair

## **Members' Meetings - Christine**

*Our Members' Meetings are normally held in Thelwall Parish Hall on the **third Thursday** of the month.*

***Visitors** are welcome to attend two meetings before joining. The next meeting will be on Thursday 19<sup>th</sup> February at 10.00 a.m. for a 10.30 a.m. start. Do come along early for a drink and a chat.*

**Refreshments will be served from 10.00 a.m. until 10.15 a.m.**

### **February meeting at Grappenhall Community Centre, Bellhouse Lane, Grappenhall.**

**Thursday 19<sup>th</sup> February      Neil Shelton      Lies, Damned Lies and Statistics**

This talk presents lots of examples of the misuse and misunderstanding of statistics in the media. It also gives some helpful guidance on how to avoid being misled in the future.

**Thursday 19<sup>th</sup> March      Andrew Wilde      From early piano lessons to playing on the world stage**

Andrew Wilde has won many top prizes in international piano competitions. He has been described as an "absolutely convincing pianist who can draw us into his spell of magic." Andrew will play for us and include anecdotal information about the composers as well as his own musical life, starting from early piano lessons in Liverpool. His performance will be in support of the North West Music Trust, which is involved in helping young people realise their dreams through performance opportunities, attendance at concerts or practical assistance such as accommodation.

## **Membership –Allen** Membership now stands at 378

**Dates for your Diary** Here are some dates for your Diary. Please note them down.

Tuesday 10 <sup>th</sup> February	February Fun, Valentine's Social	Lymm Village Hall
Thursday 19 <sup>th</sup> February	Members' Meeting	<b>Grappenhall Community Club</b>
Thursday 19 <sup>th</sup> March	Members' Meeting followed by a Meeting of all the members going to Ayrshire	

## Committee News

Further to a received request, below is a brief summary of the recent committee meeting:

**Chair** Tim Old will be taking over as newsletter compiler from the Chair.

**Secretary:** AGM planning has started and notifications for this will be sent to Members in February. The Third Age Trust are asking for officers' details, These will be forwarded to them..

**Interest Groups:** Will be reminded about Risk Assessments and accident forms.

**Publicity:** will develop A4/5 poster-style information sheet for use on noticeboards in the neighbourhood and also an easily-installed table-top display for use at meetings and local events.

**Policies:** It was confirmed that outstanding mandatory policies are now up-to-date and mirror u3a templates. They will go on the website.

## Membership fees

In response to members asking if they can pay their membership by credit or debit card at monthly meetings, we are pleased to announce that from the February meeting we have a "tap to pay" capability so that you can easily pay at the meeting. You can also use cash, do a bank transfer (use code ZRENEW) or via the u3a website. Among the different methods of payment a bank transfer is preferred because there are no service charges. And remember it is still £10 for the year and represents great value.

## Members' Meeting

A full to bursting hall, with over a hundred members and six guests, welcomed Speaker Brian Topping, who gave us a fascinating and amusing insight into his career as a Customs Officer at Heathrow Airport in the 70s and 80s. Brian explained the three main characteristics of a good customs officer –always being observant, showing tenacity and an enquiring mind. These skills were often backed up with intelligence from various agencies, awareness of political situations, world events and, most importantly, experience.

Drug smuggling has been big business for years. Brian gave us examples of ingenious ways used to try outwitting customs officers. To counter this, officers observed passengers' body language, behaviour and clothing. A summer passenger in a large, overweight winter jacket, for instance, was a potential giveaway. The concealing of substances in shoes, especially the heels, was always worth checking. An entrepreneurial response by drug-smuggling countries is to build drugs into luggage frames at the manufacturing stage. There was a mother of distracting children who had scruffy luggage with no suspicious contents, and one contrasting upmarket case without a functioning key. This case was found to contain 16kg of heroin. The woman got a nine-year sentence. After an intelligence tip-off in 1982 Brian was involved with the arrest of the Miss World contestant from Bermuda! She was involved with smuggling 1kg of cocaine, which was detected by tracking her movements following the Miss World contest. After the fall of the Shah of Persia in 1979, wealthy Persians had financial assets frozen. The high value of opium and heroin, produced in the Iranian borders, tempted many of them into smuggling. On a smaller scale, sheets of paper impregnated with LSD were found in a duty-free brandy box packing while an Irish man who told that his bottle of clear liquid was holy water and was, in fact, poitin, a traditional Irish distilled beverage, commonly called Irish Moonshine! He claimed it as a miracle! Many famous faces pass through Heathrow. Brian related a couple of incidents where vigilant officers with rudimentary knowledge of pop music had highly amusing encounters with some very well-known people.

David Mitchell gave the vote of thanks.

**A note from Brian** Just a quick email to say thank you to you and the group for the warm and friendly welcome this morning. I sensed everyone enjoyed the talk.....

...but really I want to say a heartfelt thank you for the Friends of Frankie badge donations. Please pass on my sincere thanks to all who donated. Thanks again for the invitation to present my talk.

Brian Topping



Tragically Brian lost his beautiful 3 year old grandson Frankie to SUDC (Sudden Unexplained Death in Childhood) in 2019. Friends of Frankie raises money for Alder Hey Bereavement Centre who provided such good care to Frankie's parents. Money is being raised continuously for research into SUDC via the small, registered charity SUDC UK.

## Alveston Hall weekend by Marion Berke

Opening the curtains revealed a perfect winter scene; the sun shone from a beautiful azure sky, its rays catching the carpet of glistening snow below – sparkling and, oh so, pretty. Then the journey began, slipping and sliding across ungritted country roads, something of a white-knuckle ride but we all made it safely to Alveston Hall.

There was so much to do, table tennis, quizzes, shuffleboard, dancing and, of course, plenty of food. No time for afternoon snoozes. Sadly, the wine tasting was cancelled – a pity as one of the group might have learned the difference between white and rose wine!

The weekend passed far too quickly and, before we knew it, it was time to head home, New friendships formed, old interests rekindled. What a lovely way to spend a few days!



### Social

If you have any new ideas for events or would like to organise an outing, please contact the Social Team. We welcome suggestions or we are willing to help if there is something you would like to plan. Alternatively, come and join our team!

## February Fun Valentine's Social Lymm Village Hall Tuesday 10<sup>th</sup> February

Full



Please arrive from 1.00 p.m.



## RAF Burtonwood Heritage Centre

Monday 23<sup>rd</sup> March

This tour is now full as space at the Centre is limited.

We will try and arrange a further visit as there has been much demand, There are already a number of names on the waiting list and details will be sent out as and when! Christine.



## Group Gossip

A few Members have expressed an interest in forming a Quiz Group and a Group for people on their own. These along with an Ancient history Group are now in the process of being formed. If either of these interest you or you have any other ideas for groups please contact me, Muriel, the Groups' Facilitator at [groups@lymmthelwallu3a.org.uk](mailto:groups@lymmthelwallu3a.org.uk)

Thanks for all the groups' contributions to Group Gossip! Please send next month's contributions to [newsletter@lymmthelwallu3a.org.uk](mailto:newsletter@lymmthelwallu3a.org.uk)

## Art This poem was created to accompany our wildlife paintings



On canvas bright, with paintbrush bold  
Creatures formed, nature gold  
A gentle deer, in forest deep,  
Where shadows dance, and secrets sleep.  
A harvest mouse, so small and sweet,  
Among the wheat, a tiny treat.  
A damsel fly, with wings so sheer,  
A summer dream, held ever dear  
A lotus bug, on leaf so red,  
A jewelled world, uniquely said  
A puffin bold, with fish in beak,  
A salty tale, he cannot speak.

Each painted stroke, wildlife inspires  
Which animal fills your heart's desires?

## Badminton

Two Badminton Groups continue in action every Wednesday morning between 9.00 a.m. and 11.00 a.m. at Grappenhall Community Centre, Bellhouse Lane, Grappenhall, at a current cost of £2 per session. Whilst the first group, from 9.00 a.m. till 10.00 a.m. is full, there are still a few **vacancies** for the second session, beginning at 10.00 a.m. New faces will be very welcome. If you would like to join this session, please email Geoff Stocker at: [gsto2512@aol.com](mailto:gsto2512@aol.com), noting that you do need to have played Badminton previously.

## Book Group 1

Here we are at our Thursday Book Group Christmas lunch, it has been our preferred option for a few years to do this in January when things are not so busy. We have had another good year's reading, one of the highlights being 'The Great Tree Story' by Levison Wood. This is a must-read book about the importance of trees in our natural depleted world. In December we did our usual Christmas pot pourri where members brought a seasonal poem or story to read. We started the new year with 'In Another Person's Shoes' by Jo Jo Moyes, which is the tale of what happens when you pick up someone else's shoes at the gym. We felt it was very readable and funny if a little far-fetched. We liked the characters and we now know how to smuggle diamonds!



## Book Group 2

At our January meeting we discussed 'You Are Here' by David Nicholls. It's a poignant story of loneliness and love, as two strangers, each with a failed marriage behind them, meet and tentatively stumble towards a new relationship while on a Coast-to-Coast walk. We found the book both funny and human, a story of second chances and hope. Whilst we were less convinced about some of the minor characters, the backdrop of the long-distance walk caused some to wonder about undertaking at least part of the walk!

## Bowling

The 2026 season will commence in April. Whilst not an official u3a activity, High Legh Bowling Club runs indoor short mat bowling sessions twice a week on Monday and Wednesday afternoons from October to April. Anyone is welcome to attend these sessions which are very popular, so time on the mat can be limited.

The Group was recently saddened to hear of the passing of Jack Stant, President of High Legh Bowling Club and a very good friend to our Bowls Group, always welcoming and encouraging us in our endeavours and prepared to spend time mentoring and providing our half-time refreshments. He was a lovely man and will be greatly missed by all.

## Current Affairs 1

'Economic Growth, Vital or Deadly?' All governments worldwide desire economic growth. It helps people to become wealthier and allows governments to raise more taxes. Across the globe, economic growth has lessened poverty. In the UK, poor economic growth is causing political instability. For humans across the planet, however, economic growth may cause disaster.

The debate can move from national issues to global ones...from demographics to power politics, from philosophies to trade-offs. What would you be willing to sacrifice? What would you not?

## Current Affairs 2

In discussing Monarchy, there was a broad range of views expressed with general agreement that it might be preferable to the alternative. But it was also felt that it needed modernising to reduce some of the traditions involved. One of these was the monarch being the head of the established church. It was felt that it had not made for a good family life for the Windsors and this continues to be the case in respect of Andrew. There was concern for the position that Diana Spencer had found herself in. It was hoped that when William succeeds to the throne many of the current customs might be reduced, or at least significantly simplified. The contrast between Britain's monarchy and the royal family in eleven other European countries was felt to provide a model for the future. All of these thoughts were informed by the frequent claim that the monarchy was good for tourism but no figures were available to support or refute this view. It was a good, open and thoughtful discussion.

## Genealogy

At the Genealogy Group meeting held on Tuesday 20th January, we were joined by two new members, taking us now to a fantastic 26 people in the group. We discussed our talks programme for the coming year, and our proposed "Old Family Recipes" cookbook. Following that, Elaine led a brainstorm of some of the more well-known genealogy website listing 'fors' and 'againsts', which we all found very helpful. During the rest of the meeting, members either worked on their own family trees or helped other members to progress theirs. All in all, as usual, a most productive and enjoyable meeting.

## Music Appreciation

At our meeting in January Philip Morey gave an illustrated talk about Richard Wagner "The Man and His Music". Philip is a linguist in French and German who has sung Bass in the Manchester Cantata Choir and is a member of the Manchester German Choir. He has a deep appreciation of Wagner's music. Wagner (1813 – 1883) was a fascinating but controversial figure who wanted to create a new form of opera in a custom-designed space. Philip illustrated his talk with photographs and extracts of Wagner's music. Wagner liberated himself from the traditional structure of opera by developing a form of musical drama, perhaps the



most famous of which is the Ring Cycle. The opera house at Bayreuth was built as a performance space for his work

Our next meeting: 'The Guitar – How it's made and how it's played' will be on Thursday, 12th February at 1.45 p.m. in the Youth & Community Centre. WAYNE CRUMPTON, who has constructed a number of fine guitars, will be bringing along some examples to explain how they are made. There will also be recordings of a range of works that will demonstrate the versatility of this popular instrument. The Music Appreciation Group always welcomes new members – why not come along as our guest on 12th February and give it a try?

## Philosophy

The first meeting of the New Year was well attended, with 15 members, and one guest, getting started on the topic for the month, the Pre-Socratic philosophers, those Ancient Greeks who began to enquire into the nature of themselves, and the world around them, before 470 BC. We discovered that there were several questions to consider. Firstly, why does the history of Western philosophy seem to start with the Greeks, why then and why just men? Secondly, did these men have ideas in common or was it rather a common approach to gaining knowledge? Finally, what changed when Socrates arrived on the scene? On the 27<sup>th</sup> January we will be concentrating on the second question and less on ancient history. In February we intend to discuss 'Beauty and Aesthetics', beginning on 10<sup>th</sup> February, and meeting at 10:30 a.m. in the Spread Eagle.

## Poetry

The subject of 'Shadows' proved challenging but, as ever, the members delivered with some amazing and varied poems. In the second part of the meeting we looked at the nonsense poetry of Edward Lear. The next meeting is on Thursday, 26th February

The

## Singing for Fun

It's January 27th and an amazing twenty-three of the group made it through to Lymm Village Hall for our first session of the New Year. After seasonal greetings (when is the latest you can say "Happy New Year"?) the group was given the splendid news that our song bank was now worth 150 tracks, exceeding expectations, which gave us play lists through to July. Today's selection was a somewhat mixed bag (Jim called it "eclectic" – mixed bag is better). There were old favourites from the likes of The Carpenters, Buddy Holly, Rod Stewart and the Kinks; there were the first tracks by Elvis and by David Bowie that the group had sung and there was the traditional Scottish folk song "Marie's Wedding", sung on our version by the Irish(?) Rovers. As has now become the norm, the group sang them all splendidly.

On the cultural side, we learned that Tom Jones only got "It's Not Unusual" after Sandie Shaw had turned it down and that all Everly Brothers' solos were sung by older brother Don. We learned as well that if Elvis had recorded "Return to Sender" nine months later, the line "No such number, no such zone" would have been "No such number, no such zip code" as the US Post Office had changed its terminology!

## Sketching

Sketching Out Club begins the new year with a full twelve month itinerary already mapped out by Ray. Following a meeting at the Golden Fleece pub in Lymm, we gather at Walton Gardens on Monday, 23rd February, 10.15 a.m.

## Stitch and Natter 2

We are a happy bunch of knitters and stitchers. If anyone wants to drop in and see us we meet in the Tap Room of the Spread Eagle every Tuesday from 2.00 p.m. until 3.30 p.m.

## Theatre

Ten members saw 'Kindertransport' performed in the Altrincham Garrick Studio and came away moved by an emotional depiction of the rescue effort of children from Nazi-occupied Germany in 1939. This month we are attending a performance of 'Quiz' which features the infamous coughing scandal surrounding 'Who Wants to be a Millionaire' in 2001.

## Table Tennis

The table tennis group continues to thrive, so much so that there is now a waiting list. We are a sociable group and it is felt that the standard of play is improving all the time.

## Uke 4 Fun

We had a great start to the year with a new selection of songs. As a tribute to Victoria Wood who died 10 years ago it included her iconic 'Ballad of Freda and Barry', aka "Let's Do It", as well as old favourites such as 'Blowing in the Wind' and more recent additions of 'Wonderwall' and 'Jolene'. If you are considering joining us then remember that you don't need to be able to read music or have any playing experience. We can even loan you a ukulele for a few weeks. Join us and we are sure you will soon be enjoying both playing a ukulele and having fun.

## Walking Groups Striders



The day started frosty but then the sun shone as we undertook an 8.5 mile circular walk through Clifton Country Park, along a disused railway line and a canal bank. The photo shows 18 trusty

Striders on a bridge on the Meccano Walk, so called because of the giant Meccano picnic tables, bridge and bench on the walk. A good time was had by all! Next walk Frodsham and Helsby Wednesday 11<sup>th</sup> February.



## Friday Ramblers

Eleven members met in Delamere Forest for a walk labelled as Duncan's Disorientated Delamere Dawdle. We met several Gruffalo characters on the way and walked up to the top of Old Pale Hill, the highest point on the Cheshire Plain. Normally, we should see seven counties but visibility was limited on this cold, dull day.

## 4-6 ers

Tatton Surprise – the surprise being that Tatton itself was entirely uninvolved as it is closed on a Monday in the winter– who knew!!! Our intended destination having discreetly closed its doors, we embarked instead on a philosophical ramble into the unknown.

Armed with good humour, relaxed spirits and an admirable lack of panic, the group demonstrated that the true purpose of walking is not *where* one goes, but *how cheerfully* one gets lost.

With no fixed destination or certainty, we were nevertheless guided with great confidence (and no visible disagreement) by Neil, James Peter, who led us safely through terrain both familiar and entirely unexpected. Thanks to their stewardship – and possibly fate – we were returned intact to the pub, just in time for lunch, which proved to be the most reliable landmark of the day.



## Writing Group

The Writing Group is still meeting at the Spread Eagle and welcomes anyone who wants to have a go at writing. Handouts are supplied before the meeting to help all members of the group. The topics are provided by the group – it is a very democratic, lively and fun group to be involved in.

## Wild Things

Wild Things, our nature-loving group, ventured out on a misty morning to attempt to identify trees by their bark and budding twigs. It's a skill that most definitely needs refining! We got some but not a lot of help from the confusion of leaf litter at the bases so we'll need to revisit when there's new growth to try to hone our skills.



**Jigsaws** A big thank you to all those who donated jigsaws last year and who have borrowed and hopefully enjoyed doing them. Choose your next puzzles at the Members' Meeting!

## Goodbye from two of our longest serving members

We would like to thank all those who worked so hard...and are still working hard, to set up our u3a group and keep it running. We have both been involved as group leaders which has given us lots of enjoyment and have found the monthly talks and the socials a great time out. As we move on at the end of February we hope to find a similarly active u3a which will be top of the list for us both in Whitchurch.

If you find yourselves there sometime, do give us a ring and drop in for a coffee (and maybe a spot of gardening). We'll make sure contact details are in safe hands with Sue, who has our permission to hand them on. Please let us know if you are arranging a trip to Storeyhouse in Chester. We'll meet you there!

Best wishes to you all Pete & Sheila Randle

### Committee Contact Details

<b>Chair</b>	Susan Mitchell	<a href="mailto:chair@lymmthelwallu3a.org.uk">chair@lymmthelwallu3a.org.uk</a>
<b>Vice Chair</b>	Marcia Dale	<a href="mailto:vicechair@lymmthelwallu3a.org.uk">vicechair@lymmthelwallu3a.org.uk</a>
<b>Secretary</b>	Pauline Holloway	<a href="mailto:secretary@lymmthelwallu3a.org.uk">secretary@lymmthelwallu3a.org.uk</a>
<b>Treasurer</b>	Rod King	<a href="mailto:treasurer@lymmthelwallu3a.org.uk">treasurer@lymmthelwallu3a.org.uk</a>
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<b>Group Coordinator</b>	Muriel Howarth	<a href="mailto:groups@lymmthelwallu3a.org.uk">groups@lymmthelwallu3a.org.uk</a>
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<b>Speakers' Secret</b>	Chris Ballance	<a href="mailto:speakers@lymmthelwallu3a.org.uk">speakers@lymmthelwallu3a.org.uk</a>
<b>Publicity Coordinator</b>	Pip Horne	<a href="mailto:pip@lymmthelwallu3a.org.uk">pip@lymmthelwallu3a.org.uk</a>
<b>Newsletter</b>	Tim Old	<a href="mailto:tim@lymmthelwallu3a.org.uk">tim@lymmthelwallu3a.org.uk</a>
<b>Publicity</b>	Sue Clarke	<a href="mailto:sueclarke@lymmthelwallu3a.org.uk">sueclarke@lymmthelwallu3a.org.uk</a>
<b>It support</b>	It team	<a href="mailto:itsupport@lymmthelwallu3a.org.uk">itsupport@lymmthelwallu3a.org.uk</a>
<b>Safeguarding</b>	Pip Horne	<a href="mailto:pip@lymmthelwallu3a.org.uk">pip@lymmthelwallu3a.org.uk</a>
<b>Newsletter</b>	Sue and Tim	<a href="mailto:newsletter@lymmthelwallu3a.org.uk">newsletter@lymmthelwallu3a.org.uk</a>
<b>Enquiries</b>		<a href="mailto:enquiries@lymmthelwallu3a.org.uk">enquiries@lymmthelwallu3a.org.uk</a>

**[Lymm and Thelwall u3a web site](#)**

**[Lymm and Thelwall u3a Facebook page](#)**



Here is a link to the [North West Region](#)

For those members who have no online access this letter can be posted to them.

## u3a – Online Learning Events

As well as joining our groups you can subscribe to Interest Groups Online. Interest Groups Online is a platform for collaborative learning. It is an online community, bringing people together from across the u3a movement and beyond. There are around 70 different groups that meet online across a wide range of subjects. Groups are interactive and vary depending on the needs of the participants. Find out more on our [Interest Groups Online page](#).

These are a sample of the online event on offer. There are plenty more to choose from. Use this link below to the other online learning events available . [www.u3a.org.uk/events](http://www.u3a.org.uk/events)



### Preparing for an AI World

Do you wish your u3a colleagues and your friends and family were better informed on the current wave of Generative AI – what it can and can't do, and how and why it is transforming society? This four week course is for you!

A four week course starting

Monday 2 February at 2pm

**Free – online via Zoom**



### Flight Inspiration Aviation Meeting: February

Space and Aviation: The New High Ground

The line between air and space is fading fast. This talk reveals how space systems now underpin aviation.

Tuesday 3 February at 10am

**Free – online via Zoom**



### After Alzheimer: Memory, Ageing and What Comes Next

In this illustrated talk, Dr Mike Bender explores the history of Alzheimer's disease and how it came to shape our understanding of dementia. Drawing on current research, he highlights practical ways to support and slow memory decline, and considers how communities, including u3a groups, can develop effective self-help approaches.

Tuesday 3 February at 2pm

**Free – online via Zoom**

**u3a**  
Radio Podcast

The u3a radio podcast showcases the amazing things happening across the movement. It's created by a team of u3a members who all have radio experience and features interviews with members, interest group leaders, Trustees, national volunteers and Subject Advisers. The entire series is available on our YouTube Channel. [Listen now](#) **The podcast is**

### North West Residential Summer School

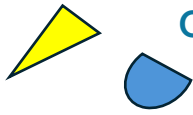
Tuesday 11<sup>th</sup> August – Friday 14<sup>th</sup> August

Manchester Metropolitan University

Residential and Non Residential. A number of Courses are on offer.

For full details see the invitation sent with this newsletter.

**u3a**  
North West Region



**Our Groups** If you would like to join any of our groups, [groups@lymmthelwallu3a.org.uk](mailto:groups@lymmthelwallu3a.org.uk) always contact the Group leader via the group page on the website to email the Group Leader. They will reply to you!!

<i>Activity</i>	<i>Regular Meeting Day</i>	<i>Venue</i>
Art	Friday a.m.	St Mary's Church Hall
Badminton	Wednesday a.m.	Grappenhall Community Centre
Book Club	1 <sup>st</sup> Thursday a.m.	The Spread Eagle, Lymm
Book Club 2	1 <sup>st</sup> Wednesday a.m.	The Little Manor, Thelwall
Cinema	Occasional Outings	Various
Crown Green Bowling	Monday p.m.	High Legh Bowling Club
Current Affairs 1	2 <sup>nd</sup> Thursday lunchtime	The Spread Eagle
Current Affairs 2	3 <sup>rd</sup> Tuesday a.m.	Lymm Village Hall
Cycle Maintenance	As and when required	
Cycling	2 <sup>nd</sup> Tuesday and 4 <sup>th</sup> Thursday-	Various, see website
Flower Arranging	2 <sup>nd</sup> Friday p.m.	St. Peter's Church Hall
French (Advanced)	2 <sup>nd</sup> and 4 <sup>th</sup> Thursday a.m.	The Sanctuary Hub Lymm
French Conversation Advanced	1 <sup>st</sup> Monday p.m.	The Spread Eagle Lymm
Fruit and Vegetable Growers	Various	Various Locations
Games Group	1 <sup>st</sup> Tuesday p.m.	Maple Lodge, Lymm
Gardening	Various Days	Different Locations
Genealogy	3 <sup>rd</sup> Tuesday a.m.	Sanctuary Hub Lymm
German	1 <sup>st</sup> Monday a.m.	The Spread Eagle, Lymm
The Lunch Group	3 <sup>rd</sup> Friday	Contact via website
Mosaic	Friday a.m.	St. Mary's Church Hall
Music Appreciation	2 <sup>nd</sup> Thursday p.m.	Lymm Youth / Community Centre
Philosophy	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday a.m.	The Spread Eagle, Lymm
Poetry	4 <sup>th</sup> Thursday lunchtime	Sanctuary Hub Lymm
Singing For Fun	4 <sup>th</sup> Tuesday p.m.	Lymm Village Hall
Sketching Out	Last Monday of the Month	Various
Stitch 'n' Natter	Wednesday a.m.	The Little Manor, Thelwall
Stitch 'n' Natter 2	Tuesday p.m.	The Spread Eagle
Theatre and Concert	See web site	Various
Table Tennis	Friday a.m.	Lymm Youth and Community Centre
Ukulele 4 Fun	Tuesday evening	United Reform Church
Walking Strollers	Various	Various
Walking 4-6ers	Various	Various
Walking Friday Rambles	2 <sup>nd</sup> Friday	Various
Walking Striders	2 <sup>nd</sup> Wednesday	Various
Wellbeing Birdwatching	1 <sup>st</sup> and 3 <sup>rd</sup> Friday	Various Locations
Wild Things	Various	Various
Writing Group	1 <sup>st</sup> Friday	The Spread Eagle