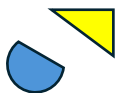


Dear All, What can I say about the Members' Meeting? We were amazed, enlightened, impressed and worried all at the same time when Chris delivered his excellent talk on AI. Don't worry, this newsletter has been produced by a human, not by a bot! More details about the talk in Sue's report. The Committee has decided to change the name of the organisers of our groups to Group Coordinators, This reflects the true spirit of u3a where we are all learning together and helping each other. The coordinators enable the group to operate with the help of the rest of the members. Muriel will become our Group Facilitator .

Sue M



Members' Meetings - Christine

Our Members' Meetings are normally held in Thelwall Parish Hall on the **third Thursday** of the month.

Visitors are welcome to attend two meetings before joining. The next meeting will be on Thursday 16th October at 10.00 a.m. for a 10.30 a.m. start. Do come along early for a drink and a chat.

Refreshments will be served from 10.00 a.m. until 10.15 a.m.

Thursday 16th October **Caroline England** **From lawyer to the duchess of dark, domestic noir.** CWA shortlisted author of multi-layered, dark & edgy stories, set in south Manchester and surrounding areas, Caroline draws on her days as a divorce and professional indemnity lawyer. She loves to create ordinary, relatable characters who get caught up in extraordinary situations, pressures, dilemmas or crime....

Thursday 20th November **John Miller** **Life at the Beeb**
John spent nearly 30 years as a member of the BBC staff. He describes how he began his career in sound radio operations, concentrating on his years of producing TV programmes as a BBC network TV producer, based in Manchester.

December **No Meeting**



Membership - Allen

There were 120 Members at our last meeting and 4 visitors. Our Membership now stands at 353.

Dates for your Diary Here are some dates for your Diary. Please note them down.

| | | | |
|--|-----------------------------------|------------------------|------------------------|
| Saturday 11 th October | u3a stall at Thelwall Parish Hall | 1100 Celebration Event | 12.30 p.m.4.30p.m. |
| Thursday 16 th October | Members' Meeting | | Thelwall Parish Hall |
| Wednesday 22 nd October | Buckley's Restaurant | | Warrington |
| Thursday 20 th November | Members' Meeting | | Thelwall Parish Hall |
| Thursday 27 th November | Wreath making | | Smith's Nursery |
| Saturday 6 th /Sunday 7 th Dec | Christmas Tree Festival | | St Mary's Church, Lymm |
| Monday 15 th December | Christmas Lunch | | Lymm Golf Club |



Social

If you have any new ideas for events or would like to organise an outing please contact the Social Team. We welcome suggestions or we are willing to help if there is something you would like to plan or, alternatively, come and join our team.

Buckley's Restaurant for Lunch

Wednesday 22nd October **11.45 a.m. for 12 noon**

A reminder to those who have booked that we meet at the earlier time of 11.45 a.m. **at Buckley's Restaurant.**

Lymm Golf Club Christmas Lunch Cost £26 per person

Monday, 15th December This is fully booked. **Payment will be sent out shortly nearer the event**



Alveston Hall – Monday 5th – Wednesday 7th January

We have arranged a couple of nights at the [Warner Hotels Alveston Hall](#) in the New Year.

A number of us have already booked and we would be delighted if you are able to join us. There is a **Comedian as the Evening Entertainment** and many activities to take part in.

The price is Single room £200.00 Double room £268.00

For further information about rooms please look at their website
(decide if you wish to be in the hotel or outside).

Contact me for further information **or if you book please let me know your booking reference number** so I can reserve tables in the restaurant. [Marion Burke](#)

Christmas Wreath Making

Thursday 27th November 2.00 p.m.

Christmas is still quite a long way off but we're already turning our thoughts to our popular wreath making workshop! Please note: Men can do this too!

The wreaths we made at E. Smith's last year were lovely and great value compared to commercial outlets. We've secured a date for a workshop this year, however, these are very popular so we need to confirm our reservation as soon as possible. We will spend a couple of hours chatting and creating, then take home our own large, handmade, individual wreaths.

Sarah will give full instructions and all materials and will be on hand to assist. Refreshments (Glühwein or orange juice) are included and the workshop is cosy and warm.

The date we have booked is Thursday 27th November at 2.00 p.m. and the discounted cost per person for our group will be £35 per person for a maximum of 20 people (includes all materials, instruction and refreshments).

Please email Christine (speakers@lymmthelwallu3a.org.uk) to secure your place asap. She will then let you know payment details.

We had so much fun last year! Sue



Alfresco in Autumn

Forty-eight members ate their lunch alfresco on the grass outside the Thelwall Village Hall following the monthly meeting. The weather gods were on our side providing an unexpected spell of warm sunshine considering the unsettled weather of late. It's the third such event and all have been blessed with sunny weather.



Our Super Stars

Champion Bowler

Our 2024 u3a bowling champion has retained her crown. Pip Horne (our Publicity Coordinator) won between the showers. Congratulations and respect to all who played. There were some excellent and hard-fought matches throughout the tournament. With thanks to High Legh Bowling Club who host us as a u3a group, always providing a warm welcome, encouragement and refreshments all year round.



Duncan's Great North Run



Duncan is a keen member of Lymm Runners and is also an active member of our u3a. He completed the Great North Run in 2 hours 36 minutes raising about £500. He was running as part of the National u3a Team to raise money for The Third Age Trust. 'We are raising funds to create awareness of the u3a, secure their future success and help to enable formation of new groups'

Duncan can relate the importance of charitable organisations with a first-hand insight from his medical career. Recently, as a consultant geriatrician at Addenbrookes teaching hospital at Cambridge University, he did pioneering work on Parkinson's

Disease and Delirium. Also, as part of a long-standing initiative looking at mental health problems of older people, he saw the relevance and positive impact that charities in the community like the u3a have on people's lives.

On a personal note, Duncan added 'I'm now fully retired and have enjoyed being a member of our u3a for almost three years. It's a friendly local group with lots to offer. I'm involved with walking, cycling and current affairs groups and appreciate the fresh challenges and meeting new friends. I thoroughly recommend it.'

Monthly Meeting – Sue C

The hall was packed to capacity and members were captivated by our speaker Rev Dr Chris Goswami. His background as a former VP in several Silicon Valley tech companies together with his Christian ministry experiences proved a valuable combination for his talk – 'How will AI affect our future?' Chris did not disappoint as his informative and amusing talk, illustrated with examples, covered aspects impacting on society, work and ethics. We were treated to a special AI poem about u3a meetings, luckily not very accurate as no one nodded off. Allegedly, AI use is not unknown to our poetry group. It was perfect timing as the Trump state visit had just announced the investment of billions into the UK for AI from American tech companies. AI composed a jolly Country and Western style song about it for us. Artificial Intelligence is a technology that allows computers and machines to mimic human learning, understanding, problem-solving, decision-making, creativity and autonomy. It draws on the whole of the internet public domain for input of data, then reacts with an output giving predictions and learning from this data. Coupled with appropriate devices it can see, hear and speak. Examples of this could be suggesting what you cook for dinner or what clothes you might wear. It has been used fraudulently in creating both music and fake listeners netting a lot of money. Beware of human voices that have been cloned. The rise of Chat-GPT can be a boon in health and care as a helper and confidant but has also precipitated suicides. AI can compose fake images. Beware people with 4 toes. Impact on education is starting to change learning approaches and in medicine and scientific research it can analyse scans and data that would have taken immeasurable human time.

The many questions Chris answered highlighted AI's growth implications including the loss of jobs we know, intensive energy use by data centres and our need to be ever vigilant. We must appreciate its advantages, curse its problems but learn to live with its inevitability. An enthusiastic and humorous vote of thanks was given by Peter Wellock.



We now have Stitch 'n' Natter 2, Current Affairs 2, and Table Tennis up and running. Thank you to Jacky Carrol, Rose Osbourne and Judith Hayward respectively for agreeing to be Groups' Coordinators. We have

5 people hoping to start a Vegetable Growing group. If you are interested in this group please contact me, Muriel, the Groups' Facilitator on groups@lymmthelwallu3a.org.uk Thanks for all the groups' contributions, making this a bumper edition of Group Gossip! Please send next month's contributions to newsletter@lymmthelwallu3a.org.uk

Art Group

Summer is over so the Art group returned rested and full of enthusiasm. We were all asked to come up with prompts for the coming year. Jenn collated all the suggestions into a comprehensive list to keep us busy over Autumn, Winter, Spring and into Summer. This varied from a holiday watercolour for the first week and, to follow, silk painting, pointillism and Christmas cards, to name but a few. We rely on each other to encourage and help. Occasionally one of the members will lead a group. This is why it is so important to welcome new members who are beginners and others who bring along expertise and ideas to share. Come and try us out. We would love to welcome you.



Badminton



Peter celebrating being this week's winner !! Our two Badminton Groups continue in action every Wednesday morning between 9.00 a.m. and 11.00 a.m. at Grappenhall Community Centre, Bellhouse Lane, Grappenhall, at a current cost of £2 per session. Whilst the 9.00 a.m. Badminton Group is full, there are still a few **vacancies** for the second session each week starting at 10.00 a.m. at which new faces will be very welcome. Please email Geoff Stocker at: gsto2512@aol.com if you would like to join this session, noting that you do need to have played Badminton previously.

Book Club 2

At our September meeting Book Group 2 discussed 'Precipice' by Robert Harris. Set in the days and weeks leading up to the outbreak of the First World War, it tells the true story of the relationship between the 61 year old, married, Prime Minister Herbert Asquith and the 26 year old socialite Venetia Stanley. (Harris leaves it to the reader to decide how intimate the relationship actually was).

Asquith shares with her through letters that Harris reproduces some highly sensitive political information. When top secret documents are leaked, an intelligence officer investigates, with the Prime Minister as chief suspect for the leaks. Politics, the nature of sexual relationships, social conventions and the attitude of the Press were all part of a lively discussion which easily kept us going!

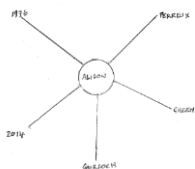
Crown Green Bowling

The 2025 U3A Outdoor Crown Green Bowling season concluded at the end of September. Whilst not an official u3a activity, High Legh Bowling Club runs indoor short mat Bowling sessions twice a week on Mondays and Wednesdays starting in October. Anyone is welcome to attend these sessions. They are very popular, so time on the mat can be limited. The charge last winter was £2 per session with a Winter Club Membership Fee of £8 .

Current Affairs 1

On Thursday 11th September, the Current Affairs 1 group met to discuss Artificial Intelligence (AI). Tim opened the meeting with a brief introduction covering the definition of AI, a high level explanation of how it works and an article describing how AI can help us with 20 menial tasks. This sparked a lively discussion about how members were currently using AI including a member giving a demonstration of how she uses it and Tim sharing from a 12 slide presentation he had asked AI to prepare entitled 'Artificial Intelligence (AI) - A Quick Guide'. We went on to discuss at length other current and possible future AI applications, associated benefits, concerns and risks, ethical considerations and the future of AI. Tim closed the meeting by sharing some details of the international AI conference held in Paris earlier this year and sharing the slides from the presentation dealing with getting started with AI and key takeaways.

French Advanced Conversation Group The advanced French Conversation Group continues enthusiastically with members even deciding not to have a break over the summer. Before that we had a stimulating visit from two native French speakers, Nicole and Pat. Pat introduced us to a game, Spider, (as illustrated) where the person whose name is in the spider's body chooses topics as indicated at the end of the legs. The rest of the group have to question the person until they have deduced what the connection is. Much hilarity ensued. We have been pleased to welcome new members and we are grateful to the Spread Eagle for accommodating us in exchange for the purchase of drinks.



Genealogy

On Saturday 6th September, six members of the Genealogy group journeyed to the Palace Hotel in Buxton for the annual u3a Peak District Family History Conference. Over the day we enjoyed four lectures, lots of coffee and tea and visiting the display stands.



The first lecture was entitled 'Researching A War Memorial', which gave us lots of tips about how to research these memorials with a view to gathering more information about family members, who served in the forces. This was followed by a fascinating presentation about unlocking the secrets of DNA testing. We learnt more about DNA science and how being tested can validate or invalidate our family tree research by telling us how closely we are related or not related to various people.

The afternoon session opened with a talk dealing with photograph dating, restoration and understanding. We received hints of how to look at a photograph's type and details to analyse why, when and where it was taken. We heard how the use of Artificial Intelligence can help with cursive script deciphering and face recognition but how it might not be so good when used to sharpen or restore old images. The final lecture concerned progressing your family history and detailed how various records, newspapers, rolls, wills and many other sources can be used to enhance one's genealogical research.

Gardening

On 27th August we had a really enjoyable visit to Trish Powell gardens. She and her husband Bob made us very welcome in their sun-trapped garden. Trish told us of the sentimental ornaments which adorned their garden, how they have lived there 39 years and the privacy the garden affords. With a central lawn and beautifully kept borders, containing a variety of flowers and shrubs, we were able to stroll around the garden and enjoy the summer sun with our refreshments. Trish had baked some delicious cakes. It happened to be Peter Wellock's birthday that day, but despite his efforts, he wasn't allowed all the cakes!! A big thank you to Trish and Bob for a brilliant afternoon.

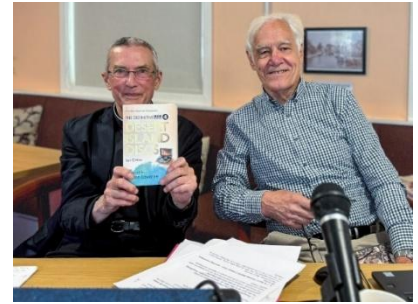


On 19th September we visited Jenni Wood's garden. She and her husband John greeted us and Jenni told us about the history of their garden over the years they have lived there. It has undergone some transformations and in its current form was designed by Jenni with the help of her gardener to make it easy to care for but provide all the requisites of a garden. A very unusual but stylish garden which impressed us all. They are lucky enough to back onto a field area which Jenni also tends outside their gate adding to the interest in the garden. Jenni spoils us with three different beautiful cakes and 'forced' us to take some home with us. Although the sun escaped us on this occasion it was dry and we had some interesting discussions whilst enjoying our refreshments. Another big thank you to Jenni and John for a fabulous afternoon.



Music Appreciation

We had our own version of Desert Island Discs. Roger was the very able and well-informed interviewer. The castaway was Father Michael Burgess (Rector of St Peter's, Oughttrington). He entertained us with anecdotes of his life in the northeast to his arrival at St Peter's in 1991. He quoted comic poems written by a former archbishop and described his magical experience of swimming with sharks for charity. His musical choices included Rachmaninov's Vespers, notable for the TQ (tingle factor), pieces by Benjamin Britten, Messiaen, Sibelius, and Bach to name a few. He chose to take the Journals of Gerard Manley Hopkins and his luxury will be a constant supply of M&S Mint Crumbles.



The **next meeting** is on Thursday, 9th October. With the Summer rapidly disappearing, we are going to cheer ourselves up by delving into how the great composers spent their annual vacations. We'll learn more about Mendelssohn's visit to Fingal's Cave and Mozart escaping from Vienna to hear his latest opera premiered in Prague; and en route we'll hear what Tchaikovsky conjured up on a summer trip to Carnival in Rome and how Dvořák relaxed with his fellow Bohemians in distant Iowa. So if that captures your imagination, come and join us at 1.45 p.m. in the Youth and Community Centre for an afternoon of musical treats.

Philosophy

The Philosophy Interest Group has held two meetings in September. On Tuesday 9th, Keith Maudsley led a discussion on the soul, as described in the writings of Thomas Aquinas. The fifteen members attending had to get their minds round some tricky concepts before considering their ethical implications. On the 23rd the discussion turned to Words, the difficulty of communicating complex ideas and the danger that politicians, commentators and activists may simplify complex ideas to simple slogans; slogans to be shouted, tweeted or posted on Facebook without any thought as to their meaning or polarising effect. The next meeting, on 14th October, should be less contentious as it will look at how exercise and sport can enable us to live a better life.

Poetry

This month's meeting began with a presentation on the poetry and life of John Cooper Clarke before we shared our poems on 'Retirement' which triggered plenty of discussion.

Singing for Fun

Twenty or so individuals, all in fine voice, attended the fourth meeting of this recently formed group. The singing programme was varied, ranging from Take That's "It Only Takes a Minute" to the traditional Scottish "Skye Boat Song". Other featured artists included The Drifters, Rod Stewart, The Kinks and Tom Jones. This latter, unfortunately, provided Jim with the excuse to tell his Tom Jones joke, a strong contender for being the worst joke ever!

The singing was first class. Even "Bohemian Rhapsody" - which was always going to be a challenge - sounded good. If anything, the song that almost beat us was Sony and Cher's "I Got You Babe". Jim divided the group into two - Sony singers and Cher singers - only to find when it was played that it was hard to tell who was singing what! Our next meeting is on Tuesday 28th October.



Sketching Out

The pretty village of Great Budworth provided our inspiration this month. Afterwards, the group gathered at the Ice Cream Farm to share their work and exchange tips, rounding off a thoroughly enjoyable outing. Clare produced this lovely painting. Next meeting: Monday 20th October, Grappenhall Christmas Trees Farm.



Theatre Group

There have been two Theatre Group outings this month, both at the Garrick Theatre in Altrincham where we watched performances of 'A

Chorus Line' and 'Bleak Expectations.'

Walking Groups

Striders

15 Striders led this time by Duncan set out across Holcombe Moor and on up to Peel Tower. Fortunately, the Ministry of Defence were not firing that day so we had safe passage. The scenery across Lancashire and as far as the Wirral was pretty spectacular and the rain held off till near the end of the walk. The icing on the cake was the pub at the end of the walk for a swift half.



Friday Rambles



Andrew and Christine led us on a seven mile walk through beautiful Cheshire countryside from Tarporley. In the distance was the imposing site of thirteenth century Beeston Castle, high on a rocky crag. Coffee was taken at Bridge 108 on the Shropshire Union Canal, lunch further along near the cast iron Beeston Lock, designed by Thomas Telford in 1828.

4-6 ers Our walk was from Hollins Green round a circuitous route to Rixton Clay Pits. David tried to lose us in the first field but we managed to

stick with him. Later, with Sue now leading, a second attempt was made, which nearly succeeded but again we couldn't be shaken off!

It was a great walk in beautiful weather followed by a tasty lunch at the Black Swan and no, Sue, we will not accept your resignation as Group Coordinator!



Strollers

Apologies for the silence since July – life just got in the way ! We would like to collect names of willing leaders of walks 3 miles or less (NOT more)! in order to plan and advertise a programme for the next few months with 1 walk a month. These can be local i.e. in the Lymm area or a shortish distance away and will need to be recced in advance. One leader for each is essential; a second is recommended as a back-up, so volunteers can offer to lead or to assist, whichever they prefer. Or both roles. The walks need to be not too strenuous but interesting and if some sort of food/snack/cafe/butty van etc can be added in either en route or at the end, that is much appreciated by everyone but it's not compulsory. If you are willing to volunteer, please reply to me within 2 weeks of this newsletter going out, so that we can arrange a get-together to sort out a programme. Thanks – I look forward to hearing from you! [Sheila](#)

Uke 4 fun

It's "new song" time in the Uke 4 Fun group as we take the occasional opportunity to ask members what new songs they would like to add to our play list. Most of our members gave suggestions and this gave us 19 suitable new songs to try out. We put the most suitable ones to a vote to determine preferences. Maggie May by Rod Stewart came out top followed by Let It Be, Always On My Mind and Waterloo. So we will be having some fun over the next few days learning these and the other songs which we have never played before.



And yes, the accent is on "fun", so if you fancy a strum between 7 and 8:30 on Tuesday nights please come along. No music knowledge is required and we can even loan you a ukulele for a few weeks to try it out.

Wellbeing Birdwatching

So sorry to James who sent this article for August's Newsletter. It was found in my Junk folder after the newsletter had been published!

Seventeen members were pleased to return to part of previous Dunham strolls closed to us since the canal embankment collapse. Some ground had been contaminated by this. Regrettably that meant some proposed new wildlife ponds were not going to be developed along the western side of the Bollin Valley beyond Meadow Lane. As well as birds, we enjoyed looking at some of the trees in the young NT woodland, many very full of berries. Some of the young oaks had been overtaken by gall development, other mature oaks looked to be having an excellent acorn year. Twenty of us went out on our second August outing, another of our core walks around the Grappenhall Heys area with a variation through The Dingle. The sunny weather gave us lovely dappled light in some of the woodland areas. Some very active birds were only seen rather distantly so our Merlin Bird ID app came in handily for some identities. There was no need for it, though, when we were very pleased to hear a Great Spotted Woodpecker. Two more members graced us by their company at the Walled Garden Cafe, where they'd spent the morning as ladies of leisure! This month we have had very nice mornings at Pennington Flash and Lymm Dam.



Writing Group

The writing group has recently attracted new members who, from the feedback given, are having a great time. It has been fantastic to see how people have developed and have gained courage to write in styles and genres that they would never have had the courage to do before.

Please join us. We are a fun, inclusive bunch. The people next door keep commenting on the gales of laughter from our den in the 'Snug' at the Spread Eagle.

Good news about Puzzles

It was lovely to receive this email from a member this month "Dear u3a committee. Just finished another jigsaw. Many thanks to the clever instigator of the jigsaw swap. I am now slightly addicted but feel it has many benefits!" Thanks, Pauline, for the great effort you go to with the Jigsaw Swap. Choose a new puzzle every month at our Members' Meeting.



Committee Contact Details

| | | |
|------------------------------|------------------|--|
| Chair | Susan Mitchell | chair@lymmthelwallu3a.org.uk |
| Vice Chair | Marcia Dale | vicechair@lymmthelwallu3a.org.uk |
| Secretary | Pauline Holloway | secretary@lymmthelwallu3a.org.uk |
| Treasurer | Rod King | treasurer@lymmthelwallu3a.org.uk |
| Membership | Allen Sealby | membership@lymmthelwallu3a.org.uk |
| Venues | Marcia Dale | venues@lymmthelwallu3a.org.uk |
| Group Coordinator | Muriel Howarth | groups@lymmthelwallu3a.org.uk |
| Social | Lynn Bryant | |
| National and Policies | Jim Owen | jim@lymmthelwallu3a.org.uk |
| Speakers' Secret | Chris Ballance | speakers@lymmthelwallu3a.org.uk |
| Publicity Coordinator | Pip Horne | pip@lymmthelwallu3a.org.uk |
| Committee member | Tim Old | tim@lymmthelwallu3a.org.uk |
| Committee member | Jill Turbin | jill@lymmthelwallu3a.org.uk |
| Committee member | Sue Clarke | sueclarke@lymmthelwallu3a.org.uk |
| It support | It team | itsupport@lymmthelwallu3a.org.uk |
| Safeguarding | Pip Horne | pip@lymmthelwallu3a.org.uk |
| Newsletter | | newsletter@lymmthelwallu3a.org.uk |

u3a – Online Learning Events

As well as joining our groups you can subscribe to Interest Groups Online. Interest Groups Online is a platform for collaborative learning. It is an online community, bringing people together from across the u3a movement and beyond. There are around 70 different groups that meet online across a wide range of subjects. Groups are interactive and vary depending on the needs of the participants. Find out more on our [Interest Groups Online page](#).

Blacklisted! Corporate Crime and State Conspiracies

Tuesday 14th October 10.00 a.m.

Blacklisting of itinerant construction workers is an 'invisible crime' in the sense that there is little individual or public knowledge that such crimes have occurred, there are no official statistics, no theory, no inclusion on the political agenda, a lack of moral panic or attitude that the perpetrators are malevolent and little criminological research on the phenomenon. Yet, it has destroyed the lives of thousands of building workers and their families who have suffered years of unemployment, family poverty, mental and marital breakdowns and in some cases, suicide.

This talk endeavors to redress these shortcomings in criminological theory by looking at the long history of blacklisting, its relevance to active trade unionists in the construction industry right up to and including the long-running public enquiry into state collusion in this criminal practice that has now been running for more than ten years.



Modern chemists' toolkit to Investigate and Elucidate Molecular Structure

Wednesday 15th October 2.00 p.m. – 3.00 p.m.

Our world is chemically based from the air we breathe, the water we drink, the food we eat to chemicals as diverse and complex as the constituents in our cells such as peptides, proteins such as enzymes, polynucleotides such DNA, and RNA to pharmaceuticals, detergents, cosmetics, polymers, peptides, paints, petrol and even pollutants. There is therefore the great need to discover the precise constituents and molecular structures of chemicals. This talk will spotlight three principal analytical tools, X-ray Crystallography, Nuclear Magnetic Resonance (NMR) Spectroscopy and Mass Spectrometry (MS) to determine molecular structure efficiently and safely, which lies at the heart of most of the chemical analysis performed in today's modern chemical laboratories. These techniques are now fundamental to the on-going success of all areas of chemistry and biology in order to fully understand in the world we live in.

How to join these events which are free to members.

Use this link below to discover other-online learning events www.u3a.org.uk/events

u3a Festival 26 1st -3rd July 2026,

The University of York will once again play host to u3a's festival in 2026.

The festival will feature a wide range of activities, talks, workshops, exhibitions, sports tournaments and concerts that celebrate the vibrancy of u3a. Margaret Fiddes, Chair of the Festival Working Group, says: "The first festival was an amazing milestone for u3a, and the feedback we've had has been so encouraging. For 2026 we're aiming even higher – more space, more choice and a programme that will reflect the creativity and energy of our members. Accommodation will once again be available on site, with more rooms set aside this time. The campus is just east of the historic city of York, with excellent transport links by train and plenty of parking for those who prefer to drive. All updates will be shared on the [u3a Festival 26 page](#). Ticket and accommodation bookings aren't open yet but please save the date and ensure you're signed up to the [u3a Friends newsletter](#) to receive updates. Any questions email festival@u3a.org.uk



| Activity | Regular Meeting Day | Venue |
|------------------------------|---|---------------------------------|
| Art | Friday a.m. | St Mary's Church Hall |
| Badminton | Wednesday a.m. | Grappenhall Community Centre |
| Book Club | 1 st Thursday a.m. | The Spread Eagle, Lymm |
| Book Club 2 | 1 st Wednesday a.m. | The Little Manor, Thelwall |
| Cinema | Occasional Outings | Various |
| Crown Green Bowling | Monday p.m. | High Legh Bowling Club |
| Current Affairs | 2 nd Thursday lunchtime | The Spread Eagle |
| Current Affairs 2 | 3 rd Tuesday a.m. | Lymm Village Hall |
| Cycle Maintenance | As and when required | |
| Cycling | 2 nd Tuesday and 4 th Thursday- | Various, see web ite |
| Flower Arranging | 2 nd Friday p.m. | St. Peter's Church Hall |
| French (Advanced) | 2 nd and 4 th Thursday a.m. | The Sanctuary Hub Lymm |
| French Conversation Advanced | 1 st Monday p.m. | The Spread Eagle Lymm |
| Games Group | 1 st Tuesday p.m. | Maple Lodge, Lymm |
| Gardening | Various Days | Different Locations |
| Genealogy | 3 rd Tuesday a.m. | Sanctuary Hub Lymm |
| German | 1 st Monday a.m. | The Spread Eagle, Lymm |
| The Lunch Group | 3 rd Friday | Contact via website |
| Mosaic | Friday a.m. | St. Mary's Church Hall |
| Music Appreciation | 2 nd Thursday p.m. | Lymm Youth / Community Centre |
| Philosophy | 2 nd and 4 th Tuesday a.m. | The Spread Eagle, Lymm |
| Poetry | 4 th Thursday lunchtime | Sanctuary Hub Lymm |
| Singing For Fun | 4 th Tuesday p.m. | Lymm Village hall |
| Sketching Out | Last Monday of the Month | Various |
| Stitch 'n' Natter | Wednesday a.m. | The Little Manor, Thelwall |
| Stitch 'n' Natter 2 | Tuesday p.m. | The Spread Eagle |
| Theatre and Concert | See web site | Various |
| Table Tennis | Friday a.m. | Lymm Youth and Community Centre |
| Ukulele 4 Fun | Tuesday evening | United Reform Church |
| Walking Strollers | Various | Various |
| Walking 4-6ers | Various | Various |
| Walking Friday Rambles | 2 nd Friday | Various |
| Walking Striders | 2 nd Wednesday | Various |
| Wellbeing Birdwatching | 1 st and 3 rd Friday | Various Locations |
| Writing Group | 1 st Friday | The Spread Eagle |

