

Dear All,

I do hope you have had a good summer and a great holiday if you have been away on your travels. Some of the groups have continued over the school holiday. The Badminton Club has now expanded to a further hour to enable more members to play.

We had wonderful weather for our afternoon at Bluebell Cottage Gardens and Nursery and Sue made us feel very welcome. Let's hope we have equally good weather for our Alfresco in Autumn Picnic after the September Members' Meeting. Don't forget your deckchair!

We now have 18 people signed up for our trip to Kent. If anyone would like to join us for a few days of fun next May please see below for details. Sue, Chair

## Members' Meetings – Christine Ballance

*Our Members' Meetings are normally held in Thelwall Parish Hall on the **third Thursday** of the month.*

**Visitors** are welcome to attend two meetings before joining. The next meeting will be on Thursday 19<sup>th</sup> September at 10.00 a.m. for a 10.30 a.m. start. Do come along early for a drink and a chat.

**Refreshments will be served from 10.00 a.m. until 10.15 a.m.**

### Thursday 19<sup>th</sup> September

**Fran Raftery**

### Tales from the Crypt

The history of cemeteries – from Ancient Egypt to present times – reflects the social attitudes and customs regarding the way the departed are remembered. There are also unusual – and sometimes spectacular – gravestones. Cemeteries often invoke sadness, but this presentation is interesting and informative and deals with a part of history which is not often discussed. Many interesting anecdotes, too.

### Thursday 17<sup>th</sup> October

**Rosie Lee**

### The Reluctant Shepherdess

Rosie had a successful career in banking. Then her mum challenged her to do something with her parents' farm - and so her adventures began...

### Thursday 21<sup>st</sup> November

**Jane Clare**

### Sherry, port, madeira...

Be Christmas ready and discover more about these fortified wines.

## Dates for your Diary

Thursday 19 <sup>th</sup> September	Members' Meeting/Autumn Alfresco	
Thursday 26 <sup>th</sup> September	Drop In	Lymm Village Hall
Thursday 17 <sup>th</sup> October	Members' Meeting	
Friday 18 <sup>th</sup> October	The Clink	more details below
Thursday 21 <sup>st</sup> November	Members' Meeting	
Thursday 5 <sup>th</sup> December	Christmas Social	more details in due course
	December	No Members meeting

Don't forget your lunch and a drink

## Alfresco in Autumn

**Thursday 19th September, Midday until 2.00 p.m.**

Our Alfresco in Autumn picnic is now imminent.

**Anyone** is welcome to join us outside

Thelwall Parish Hall after the Members' Meeting.

**Don't forget your deckchair, your lunch and a drink.**

Hopefully the sun will shine but we have booked the hall as a precaution!!

Don't forget your Deckchair



Lymm and Thelwall u3a Social Team invite you to

## The Clink Restaurant for Lunch : Friday 18<sup>th</sup> October 12.30 p.m.

This trip is now full. Anyone already on the list will receive further details in due course nearer the time. Thanks to everyone for signing up!

18 people  
now booked

Friends  
welcome

### Coach Holiday to Kent Tuesday 20<sup>th</sup> May to Friday 24<sup>th</sup> May

By now you will have received the exciting news about our Coach trip to Kent, visiting Hever Castle, Penshurst Place and the Historic Royal Dockyard at Chatham with a tour of the area where *Call the Midwife* was filmed. David and I spent a day at the Historic Royal Dockyard in July and there is plenty to see. We had a tour of a submarine, also discovered HMS Cavalier, a destroyer. We also visited the Ropery, a building which is quarter of a mile long. Here rope is still made and supplied to the trade and customers across the world using a rope making process that dates back over 400 years.

£639 per person (based on 20 passengers)  
£587 per person (based on 25 passengers)  
£95 single supplement for first 5  
£130 single supplement for 6 & above

Price includes:

- 3 nights dinner, bed & breakfast at Holiday Inn Ashford North Hotel
- Entrance to Penshurst Place and Hever Castle
- Entrance to Chatham Historic Dockyard, and a guided 'Call the Midwife' tour and sandwich buffet lunch.
- ABTAbonding

#### Suggested itinerary:

**Day 1** – Travel to your hotel –The Holiday Inn Ashford North is set in a rural location with easy access to the M20 so an ideal base for exploring Kent. Arrive in good time to settle in before Dinner.

**Day 2 – Penshurst Place and Hever Castle** Today we visit Penshurst Place and Gardens, a 14th century manor house once owned by Henry VIII. Visitors can see the impressive medieval Baron's Hall, the state rooms, gardens and parkland. Afterwards we travel to Hever Castle & Gardens. This is the childhood home of Anne Boleyn. Set within 125 acres of glorious gardens, the house reveals the story of her early life. An optional one-hour guided tour or audio guide is available. Return to your hotel for dinner and a relaxing evening.

**Day 3 – Chatham Historic Dockyard and Canterbury** A morning visit to the Historic Dockyard at Chatham. Take a walking tour accompanied by your very own costumed "Midwife" to explore the sets, costumes & props. Then you will have the chance to discover the rest of this Historic Dockyard. Enjoy a sandwich buffet in the Mess Deck restaurant. If time permits, return to your hotel via Canterbury. Make the most of some free time in the historic city centre. Enjoy your final evening in the hotel.

**Day 4 – Travel Home** We have the option to break up our journey home with a stop at Charlecote Park. This grand 16th century country house owned by the National Trust is surrounded by its own deer park. Additional costs will apply to non –National Trust Members.

If you would like to join us ring Clare on Tel: [+44 \(0\) 161 928 3242](tel:+44201619283242). She will take your deposit over the phone.

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## Bluebell Cottage Garden and Nursery



A perfect summer's day brought out the beauty of this secluded gem deep in the Cheshire countryside. Sue the owner gave us an enthusiastic and knowledgeable commentary as we walked round the garden that she has created from potato fields. It is very much a labour of love. There was then an opportunity to wander separately around the garden and the nursery as well as partake of the refreshments available from the cafe. It was an afternoon full of friendship and camaraderie, with laughter filling the air.



## Groups' Coordinator

[groups@lymmthelwallu3a.org.uk](mailto:groups@lymmthelwallu3a.org.uk)

If anyone has any ideas about starting a new club please get in contact with me, Muriel, as we can help you to find other people interested and a venue to meet in and support you during set up and beyond! **Muriel.**

## Groups' Gossip

### Art and Mosaic Group

Art and Mosaic starts again on Friday 13<sup>th</sup> September 10.00 a.m. -12.00 at St Mary's Church Hall. We currently have space for new group members.

### Badminton

Two Badminton Groups are now in action every Wednesday morning from 9.00 a.m. to 11.00 a.m. at Grappenhall Community Centre, Bellhouse Lane, Grappenhall. The 9.00 a.m. Group is full, but we now have a second session each week, starting at 10.00 am, so please email Geoff Stocker at: [gsto2512@aol.com](mailto:gsto2512@aol.com) if you want to join this session, noting that you do need to have played Badminton previously.

### Crown Green Bowling

Crown Green Bowling outdoor sessions are still in progress at High Legh Bowling Club on Monday afternoons from 1.30 p.m. Hope to see you there [gsto2512@aol.com](mailto:gsto2512@aol.com)

### Games Group

Our next Games group session is on Tuesday 3<sup>rd</sup> September 1.00 pm -3.00 pm (and the first Tuesday of each month thereafter) at Lymm Village Hall. Please do come along to join in a game or bring a game you'd like to play. So far we have played Rummikub, Mexican Train Dominoes, Bridge, Five Crowns, Bananagrams and Mahjong. No need to book just turn up and enjoy a relaxed and fun afternoon of games. Sessions are £2 and include a brew and a biscuit (or two).

## Genealogy

The genealogy group met on Tuesday 19th August and welcomed two new members, Barbara and Steve who were trying the group.

John gave us a very interesting and informative talk about the 1939 Register. It is an important document as the 1931 census was destroyed by fire in 1942. There wasn't a 1941 census because of the War. John's talk instigated a lively discussion. Thanks John

## Music Appreciation

'The Alley Cats' live performance of 'Here Comes The Sun' at our meeting in August on the theme of summer. Enjoyed by all and we did get some sun!



## Poetry Group

We started with a fascinating presentation by Jill on the Poet Laureates, a position occupied by some of the great names in our poetic history, from John Dryden through Wordsworth and Betjeman to the current one, Simon Armitage. We looked at several of Armitage's poems before concentrating on our own from last month, the subject 'Our Favourite County'.

## Sketching Out

Our August meeting was at Dunham Massey. After a morning sketching various compositions across the site we met in the cafe and compared results over refreshments. The next meeting, also at Dunham Massey, is on Monday 23rd September.



## Walking Groups

### Striders

Well what a day! Sunshine again for Striders! Christine and Andrew led 14 of us over Holcombe Moor outside Bury where there were magnificent 360 degree views over the Lancashire



countryside. The walk also led us to Peel Tower which was built in memory of Sir Robert Peel, a child of Bury! Sadly no pub at the end of the walk today!

The next Striders walk will be Bryn Alyn and Moel Findeg on Wednesday 11th September.

### 4-6ers

Duncan led us on a super walk from the Yew Tree Inn near Anglezarke Reservoir round through Rivington Country Park. The weather was great and we had lovely views up to Rivington Pike and Winter Hill. A meal was taken at the Yew Tree Inn.

### 4-6ers Friday Ramble

The group gathered in Stretton on a beautiful day. Elaine was leading the walk which was cleverly designed to ensure that, despite being in an area of housing, our paths were largely through lush woodland. We ate our lunch in the peace of Grappenhall Walled Garden and a post walk visit to a pop-up cafe for drinks and ice cream went down well. The next Ramble is on Friday 13th September.



### Ukulele 4 Fun

New songs are being sought as we are hoping to extend our repertoire. If you would like to join us on a Tuesday evening do come along. No previous experience needed because, although we do not teach you, the ukulele can soon be picked up.

### Wellbeing/Birdwatching

We have had two outings this month. The first was particularly exciting. It was one of our core walks around Lymm Dam. We managed to see a Kingfisher! Our second was at Grappenhall where 18 members were present. Not many birds were spotted it was more about the Wellbeing chatting!!



## National Trust: Dunham Massey Community Access Pass

Our Community Pass from Dunham Massey for Groups of up to 15 people to visit free without pre-booking (15 to a 30 have to pre-book.) is available for groups. This is for normal entry. Contact Sue Mitchell [chair@lymmthelwallu3a.org.uk](mailto:chair@lymmthelwallu3a.org.uk) and I will arrange for you to collect it from me.

## Jigsaws

Thank you to all those members who kindly donated their jigsaws. Members are welcome to borrow the jigsaws on display at monthly meetings. Any further donations of 500 or 1000-piece puzzles will be gratefully received.

## u3a – Online Learning Events

As well as joining our groups you can subscribe to Interest Groups Online (formerly called Trust u3a). Interest Groups Online is a platform for collaborative learning. It is an online community, bringing people together from across the u3a movement and beyond. There are around 70 different groups that meet online across a wide range of subjects. Groups are interactive and vary depending on the needs of the participants. Find out more on our [Interest Groups Online page](#).

## Mods Versus Rockers: A 1960s 'Moral Panic'?

**Thursday 12<sup>th</sup> September 2.00 p.m. – 3.30 p.m.**

In the early 1960s, most young people defined themselves as either 'mods' or 'rockers'. On a wet Bank Holiday weekend in 1964 thousands of them descended on the Essex seaside resort of Clacton-on-Sea. Mainly due to boredom, there were a few scuffles between the two groups and a small amount of damage was done. One lad fired a starting pistol in the air. The cost of the damage done was only slightly more than on a normal Bank Holiday weekend. Although 97 youngsters were arrested, most of them were released without charge.

Nevertheless, after the weekend, newspaper reports of these disturbances were grossly exaggerated, precipitating a chain of events that led to a 'deviancy amplification spiral' and the phrase 'moral panic' becoming a commonplace sociological description of reactions to mildly deviant youth behaviour.

This talk charts the development of this particular 'moral panic' and looks at the wider implications of labelling deviant youth as 'folk devils'.



## City Streets, Scottish Islands and Silhouetted Hills: Bet Low (1924–2007)

**Friday 13<sup>th</sup> September 2.00p.m.- 3.30 p.m.**

2024 is the 100th anniversary of Bet Low's birth. Bet was born in Gourrock and from 1945 Glasgow became her home after completing her studies at Glasgow School of Art. Her long career started initially creating theatre sets for Glasgow Unity Theatre. The artist is best known today for her tranquil landscape scenes of Scottish islands, particularly Orkney. Bet won many awards throughout her career, including the distinction of Doctor of Letters from Glasgow University.



## How to join these events

These online events are free for members. Use this link below to discover the online learning events [www.u3a.org.uk/events](http://www.u3a.org.uk/events)

## Online Interest Groups

u3a is a UK-wide collection of 1000+ charities that provide the opportunity for those no longer in work to come together and learn for fun. There are over 430,000 members making the most of life, exploring new ideas, skills and interests with their local u3a. Some of the benefits of joining a local u3a are :-  
To stay active, to keep learning and have fun by getting out to meet face to face other people with similar interests. Learn new things together and share your skills.

### Did you know you can also join Interest Groups online

If you would prefer to meet people and learn together online, you can join Interest Groups Online (formerly called Trust u3a). Membership costs £12 per year.

Interest Groups Online is a platform for collaborative learning. It is an online community, bringing people together from across the u3a movement and beyond. There are around 70 different groups that meet online across a wide range of subjects. Groups are interactive and vary depending on the needs of the participants. Please note: local u3a and Interest Groups Online are separate membership options. You can join one or both – it's up to you. For more information use this link

<https://www.u3a.org.uk/learning/interest-groups-online>

### National u3a News

If you would like to sign up for the National Newsletter or the North West Region Newsletter please use the links below

u3a National newsletter

<https://www.u3a.org.uk/news/newsletter>

North West Region Newsletter

<https://u3asites.org.uk/north-west/page/25318>

### Contact Us

Lymm and Thelwall u3a web site:

<https://lymm-thelwall.u3asite.uk/>

Lymm and Thelwall u3a Facebook page:

<https://www.facebook.com/LymmThelwallu3ae>

[enquiries@lymmthelwallu3a.org.uk](mailto:enquiries@lymmthelwallu3a.org.uk)

### Committee Contact Details

<b>Chair</b>	Susan Mitchell	<a href="mailto:chair@lymmthelwallu3a.org.uk">chair@lymmthelwallu3a.org.uk</a>
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### Non-Committee:

<b>Speakers</b>	Christine Ballance	<a href="mailto:speakers@lymmthelwallu3a.org.uk">speakers@lymmthelwallu3a.org.uk</a>
<b>Newsletter</b>	Sue Mitchell	<a href="mailto:newsletter@lymmthelwallu3a.org.uk">newsletter@lymmthelwallu3a.org.uk</a>

**Our Groups** If you would like to join any of our groups, [groups@lymmthelwallu3a.org.uk](mailto:groups@lymmthelwallu3a.org.uk) always contact the Group leader via the group page on the website. Click the icon to email the Group Leader. They will reply to you!!

Activity	Regular Meeting Day	Venue
Art	Friday a.m.	St Mary's Church Hall
Badminton	Wednesday a.m.	Grappenhall Community Centre
Book Club	1 <sup>st</sup> Thursday a.m.	The Spread Eagle, Lymm
Book Club 2	1 <sup>st</sup> Wednesday a.m.	The Little Manor, Thelwall
Crown Green Bowling	Monday p.m.	High Legh Bowling Club
Cinema	Occasional Outings	Various
Cycle maintenance	As and when required	
Cycling	2 <sup>nd</sup> Tuesday and 4 <sup>th</sup> Thursday	Various, see web site
Flower Arranging	2 <sup>nd</sup> Friday p.m.	St. Mary's Church Hall
French (Advanced)	2 <sup>nd</sup> and 4 <sup>th</sup> Thursday a.m.	The Sanctuary Hub Lymm
French Conversation Advanced	1 <sup>st</sup> Monday p.m.	The Spread Eagle Lymm
Games Group	1 <sup>st</sup> Tuesday p.m.	Lymm Village Hall
Genealogy	3 <sup>rd</sup> Tuesday am	Sanctuary Hub Lymm
German	Monday	Private home and via zoom
I.T. Group	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday a.m.	Lymm Baptist Church
The Lunch Group	3 <sup>rd</sup> Friday	Contact via website
Mosaic	Friday a.m.	St. Mary's Church Hall
Music Appreciation	2 <sup>nd</sup> Thursday p.m.	Lymm Youth / Community Centre
Philosophy	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday a.m.	The Spread Eagle, Lymm
Poetry	4 <sup>th</sup> Thursday	Sanctuary Hub Lymm
Sketching Out	Last Monday of the Month	Various
Stitch 'n' Natter	Wednesday a.m.	The Little Manor, Thelwall
Theatre and Concert	See web site	Various
Ukulele 4 Fun	Tuesday evening	United Reform Church
Walking Strollers	See website	Various
Walking 4-6ers	See Website	Various
Walking Striders	2 <sup>nd</sup> Wednesday	Various
Wellbeing Birdwatching	1 <sup>st</sup> and 3 <sup>rd</sup> Friday	Various Locations
Writing Group	1 <sup>st</sup> Friday	The Spread Eagle

For those members who have no online access this letter can be posted to them.

